# Preventing Fetal Alcohol Spectrum Disorders (FASD)

## Satellite Conference and Live Webcast Thursday, March 2, 2006

2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

**FASD** is the leading known cause of mental retardation, and a leading cause of birth defects and learning disabilities. One in one hundred births in the United States will have some degree of preventable damage due to maternal alcohol exposure. In order to prevent future cases of FASD, health care professionals need to be educated on the spectrum of disorders that can occur as well as understand the dose response in the fetal development period. This program will provide a comprehensive overview of FASD. The progression of alcoholism will be discussed as well as biological and social considerations when treating women with addictive disorders. Techniques that are useful in assessing, intervening, and engaging women into recovery will be reviewed.

### **Faculty**

Kathleen Mitchell, MHS, LCADC
Vice President and National Spokesperson
National Organization on Fetal Alcohol Syndrome (NOFAS)
Emory Regional Training Center
Atlanta, Georgia

#### **Program Objectives:**

- Identify the specific criteria for diagnosis of Fetal Alcohol Syndrome (FAS) and understand how timing and dosing of prenatal alcohol can affect fetal development.
- Gain knowledge of behaviors and disorders that are consistent with individuals with FASD.
- 3. Gain knowledge of biological, social, and environmental differences in identifying and treating substance-abusing women.
- 4. Identify techniques for assessing, intervening and engaging addicted women into the healing process.
- 5. Discuss how families that give birth to children with FASD are affected.

#### **Conference Details:**

Target Audience: Nurses and Social Workers.

CEUs: Nurses (2.2 hours) and Social Workers (1 hour, 50 minutes).

Registration: www.adph.org/alphtn Cost: There is no cost to view this program.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands.

<u>Webcast Information</u>: Please register at www.adph.org/alphtn To view this live webcast, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast approximately 2 days after the live broadcast.

Conference Materials: Posted on our website approximately one week before the program.

Questions For Faculty: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Émail: alphtnquestions@adph.state.al.us or Fax: 888-737-1972.

<u>General Questions</u>: For questions about any of these conference details call: 334-206-5618 or email: alphtn@adph.state.al.us

<u>alabama public health training network</u>